

Irish Set Dance

6 Week Workshop

Mondays at 7pm Starting January 6th

Come see what the Irish have been dancing for over 150 years!

Workshops will include fundamentals and a walk through before each set.

Jan. 6: Introduction to basic footwork and movements.

Learn the 3 figures of the **Antrim Square Set**.

Jan. 13: Review footwork and movements

Learn the first 3 figures of the **Caledonian Set**.

<u>Jan. 20:</u> Learn figures 4 through 6 of the **Caledonian Set**.

Jan. 27: Review and dance all 6 figures of the **Caledonian Set**.

<u>Feb. 3:</u> Review and dance the **North Kerry Set** from the previous workshop.

Feb. 10: Review and dance all three sets: **Antrim Square**, **Caledonian**, **North Kerry**.

Students should wear comfortable lightweight clothing and comfortable shoes. Step dancing shoes not required. Shoes with leather soles work well.

At the Mayflower Club

